



Schooling the Mind and Body

- Be your children's first teacher. You don't have to have a degree to take advantage of natural learning opportunities
- Expose your children to all sorts of expert thinkers and problem solvers.
- Share in your children's hobbies, but don't do everything for them.
- Play games with your children. It stimulates their development.
- Encourage your children to think and act independently.
- Give your children room to be creative.
- Don't let your own gender dictate the types of creativity you encourage in your children.
- Know your children's teachers and become a full partner in the education process.
- Push for your child to have some regular contact with a male teacher during the elementary school years.
- Don't worry that you don't understand some of your children's assignments. You can learn with them.
- Make sure your children know how important a good education will be in their lives.
- Don't stop reading to your kids!

Source: The Father Factor: What You Need to Know to Make a Difference

"Nothing you do for children is ever wasted. They seem not to notice us, hovering, averting our eyes, and they seldom offer thanks, but what we do for them is never wasted." Garrison Keillor

Visit the Region III Fatherhood Website at:

http://www.acf.hhs.gov/programs/region3/program_info/fatherhood.html